



Manches Moor Park 10k & Junior Fun Runs

in aid of the Lynda Jackson Macmillan Centre for cancer support & information

Sunday 21st September 2008

B = Boys under 18
M = Men 18-39
V = Men 40-49
A = Men 50-59
J = Men 60 +

Thank you for taking part in this event. Every penny that has been raised will go directly to the Lynda Jackson Macmillan Centre at Mount Vernon Hospital.

Don't forget to send your sponsorship money to the LJMC by 21st November in order to qualify for entry into the Special Prize Draws!

Junior Fun Runners raising more than £10 will be entered into the draw to win an iPod (donated by John Lewis, Watford); 10k runners will be entered into the draw to win family membership of Riverside Health and Racquets Club.

G = Girls under 18
F = Ladies 18-34
L = Ladies 35-44
W = Ladies 45-54
H = Ladies 55 +

Runners: by Time *Manches Moor Park 10k*

Place	Type	PI	Runner No	Last Name	First Name	Type	Team	Time
1	1		221	Rackham	Nigel	V	Metros (Men)	33.38
2	1		548	Buckle	Stephen	M	St Albans Striders (Men)	34.42
3	2		390	Vivian	Blake	M	St Albans Striders (Men)	34.51
4	3		297	Johnston	Connor	M		35.53
5	1		400	Stewart	Allan	B		37.47
6	2		538	Williamson	Sam	V	0	38.07
7	1		416	Deering	Paul	A		38.16
8	2		039	Tremaine	Robin	A		38.17
9	4		526	Greene	Brendan	M	0	38.46
10	3		495	Draper	Kevin	V		39.40
11	5		590	Rouse	Steve	M	0	39.59
12	1		541	Brown	Sarah	F		40.22
13	6		515	Hindell	James	M	0	40.44
14	4		532	Mayoh	Graham	V	Watford Harriers (Men)	40.50
15	7		244	Bath	Richard	M		40.57
16	8		164	Worley	Scott	M		41.07
17	9		218	Purchase	David	M		41.15
18	3		370	Concannon	Kevin	A		41.17
19	2		198	Gudgeon	Thea	F	Watford Harriers (Ladies)	41.30
20	5		540	Hudson	Roger	V	0	41.39
21	6		535	Dent	Brian	V	0	41.45
22	2		412	Williams	Tom	B		41.49
23	4		397	Morris	Jeff	A		41.55
24	7		197	Block	Robert	V		42.00
25	10		275	Percy	James	M		42.06
26	11		259	Marston	Serge	M		42.08
27	8		559	Shutt	Malcolm	V	0	42.09
28	3		393	Joiner	Robert	B	Metros (Men)	42.12
29	12		090	Kabel	Jason	M		42.16
30	9		528	Illing	Paul	V	Watford Harriers (Men)	42.22
31	1		369	Winter	Isabelle	L		42.26
32	2		343	Harrison	Vikki	L	David Lloyd Pacers (Ladies)	42.33
33	10		302	King	Nicholas	V	Sudbury Court (Men)	42.39
34	13		057	Buckland	Matthew	M		42.54
35	11		103	Johnson	Paul	V		42.55
36	3		148	Drew	Jackie	L	Watford Joggers (Ladies)	42.57

Runners by Time

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Runners: by Time *Manches Moor Park 10k*

Place	Type PI	Runner No	Last Name	First Name	Type	Team	Time
37	3	295	Cartlidge	Helen	F	St Albans Striders (Ladies)	42.58
38	12	429	Grassick	Neil	V		43.07
39	5	015	Young	Dave	A	Metros (Men)	43.10
40	14	606	Foster	Stuart	M	0	43.15
40	14	153	Phillips	Tom	M		43.15
42	16	277	Howell	Paul	M		43.22
43	13	580	Linfield	Benn	V	0	43.40
44	14	628	Smith	Lawrence	V	0	43.42
45	1	076	Findlay	Celia	W	David Lloyd Pacers (Ladies)	43.45
46	15	550	Mills	Cliff	V	0	43.46
47	16	608	Grogou	Fred	V	0	43.51
48	17	402	Baddeley	Kevin	M		43.53
49	4	132	Stowe	Nick	B		43.55
50	17	483	Smith	David	V		44.01
51	18	301	Imrie	Gavin	M	Sudbury Court (Men)	44.03
52	19	571	Harvey	Ian	M	0	44.07
53	5	481	Pope	Joel	B		44.09
54	6	147	Kenison	Thomas	B	Merchant Taylors' School	44.13
55	18	054	Richmond	Nick	V		44.16
56	19	480	Higginson	Paul	V		44.17
57	20	150	Mason	Glenn	V		44.20
58	6	300	Garrett	Martin	A	Sudbury Court (Men)	44.21
59	20	334	Poole	Greg	M	Skanska (Men)	44.22
59	21	336	Hall	Mike	V		44.22
61	22	583	Wright	James	V	0	44.27
62	21	145	Forder	Robin	M	Green Team	44.32
62	21	386	Deville	Chris	M		44.32
64	23	525	Daniel	Steve	V	Watford Harriers (Men)	44.47
64	23	128	Bracey	Jonathan	M		44.47
66	4	457	Concannon	Amy	F		44.53
66	24	437	Lyon	Neal	M		44.53
66	24	401	Mace	Paul	V		44.53
69	25	027	Judge	Lars	V		44.54
70	5	272	Clayton	Alice	F	Watford Joggers (Ladies)	44.58
71	26	533	Robertson	Derek	V	Watford Harriers (Men)	44.59
72	25	129	Nabney	Tom	M		45.08
73	27	544	Brown	Neil	V	0	45.14
74	28	630	Page	Garry	V	0	45.20
75	4	321	Scott	Davena	L		45.27
76	29	377	Pullan	Trevor	V	Green Team	45.29
77	26	609	Burchell	Mark	M	0	45.33
77	1	177	Cullen	Tom	J		45.33
79	30	367	Day	Brian	V		45.36
80	7	316	Higgins	Pat	A	St Albans Striders (Men)	45.39
80	27	622	Callion	Stuart	M	0	45.39
82	28	599	Brown	Louis	M	0	45.43

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Place	Type Pl	Runner No	Last Name	First Name	Type	Team	Time
83	8	133	Stowe	Ian	A		45.44
84	9	256	Chater	Andrew	A		45.45
85	29	032	Goldsack	Stephen	M		45.46
86	30	216	Thorne	Lee	M		45.47
87	31	284	Rendell	Andrew	M	St Albans Striders (Men)	45.49
88	5	431	Purbrick	Tracy	L		45.59
89	32	368	Rasit	Abdul	M	Sudbury Court (Men)	46.01
90	31	333	Throssell	David	V	Skanska (Men)	46.02
90	10	529	Wallace	Rupert	A	0	46.02
92	11	530	Pennifold	John	A	0	46.12
93	33	558	Sadler	Joel	M	0	46.13
94	34	549	Mayfield	Mark	M	0	46.17
95	35	521	Vassie	Martin	M	0	46.18
96	6	313	Newstead	Julie	L	Sudbury Court (Ladies)	46.19
97	36	274	Knight	Jeremy	M		46.20
98	12	349	Clegg	Peter	A		46.36
99	32	304	Mulvenna	Mark	V	Sudbury Court (Men)	46.38
99	32	138	Savage	John	V		46.38
101	7	632	Roberts	Oliver	B	0	46.46
102	6	232	Baker	Katharine	F		46.47
103	34	107	Hewitt	Stephen	V		46.52
104	2	246	Burton	Robert	J		46.56
105	35	322	Gamble	James	V	Watford Joggers (Men)	46.57
106	37	633	Kolesnikow	Mark	M	0	47.04
107	8	306	Walerych	James	B	Sudbury Court (Men)	47.16
108	38	226	Price	Mitchell	M		47.18
109	7	527	Mueller	Jeannette	L		47.26
110	39	049	Douglas	Paul	M		47.28
111	40	317	Cornick	Terry	M		47.32
111	40	428	Bond	Michael	M		47.32
113	42	427	Ruttley	Paul	M		47.34
114	36	387	Dawes	Danny	V		47.40
115	43	338	Willerton	Ross	M		47.41
116	44	426	Ruttley	Mark	M		47.42
117	45	359	Pluck	Kevin	M		47.43
118	13	601	Roberts	Philip	A	0	47.46
119	37	523	Murray	Joe	V	0	47.50
120	46	171	Finch	Mike	M		47.54
121	3	394	Jose	Peter	J	Metros (Men)	47.55
122	47	636	Hampton	Damien	M	0	47.56
123	14	098	Marchand	Chris	A		47.57
124	48	341	Dromgoole	Dominic	M		47.58
125	49	493	Mckee	Hamish	M	0	48.03
126	8	130	Bowen	Alison	L		48.07
127	50	174	Gregory	Guy	M		48.08
128	15	292	Morris	David	A		48.09

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Place	Type PI	Runner No	Last Name	First Name	Type	Team	Time
129	38	627	Smith	William	V	0	48.14
130	2	411	Williams	Susan	W	David Lloyd Pacers (Ladies)	48.22
131	51	498	Martins Da Silva	Manuel	M	0	48.23
132	39	037	Balcomb	Scott	V		48.24
133	3	096	Gibbs	Beverley	W		48.28
134	4	640	Barnett	Ronald	J	0	48.40
135	52	095	Desta	Ermias	M		48.51
136	16	146	Gorton	John	A	Metros (Men)	48.54
137	17	141	Gascoigne	Ian	A		48.56
138	18	524	Smith	Richard	A	0	48.57
138	53	281	Davis	Daniel	M		48.57
140	40	366	Caston	Richard	V		49.00
141	54	255	Mtanda	Tendai	M		49.05
142	41	041	Hope	Andrew	V	Sudbury Court (Men)	49.07
143	9	623	Freethy	Alex	B	Merchant Taylors' School	49.10
143	9	264	Cohen	James	B	Merchant Taylors' School	49.10
145	42	188	Noyce	Nigel	V		49.13
146	43	190	Palmer	Adrian	V		49.14
147	55	415	Stewart	Ronald	M		49.17
148	44	592	Rogers	Mick	V	0	49.18
149	45	036	Parry	David	V		49.21
150	19	557	Kent	Stephen	A	0	49.22
151	7	340	Hutchison	Josephine	F		49.24
152	46	101	Price	Tim	V		49.25
153	9	117	Wheeler	Lisa	L		49.28
153	56	081	Mcgrath	Keith	M	Serpentine (Men)	49.28
155	20	247	Newman	Tom	A		49.30
155	11	161	Justin	Laurence	B		49.30
157	47	371	Muckian	Terry	V		49.33
158	57	425	Holdrick	Wayne	M		49.35
159	12	484	Cross	Louis	B		49.37
160	10	249	Turnley	Jayne	L		49.38
161	21	473	Lee	Adrian	A		49.39
162	58	562	Smith	Marcus	M	0	49.41
162	13	485	Patel	Paaras	B	Merchant Taylors' School	49.41
162	22	376	Ellison	Brian	A	Green Team	49.41
165	59	038	Mizner	Andrew	M		49.44
166	48	545	Dombey	Michael	V	0	49.48
167	60	449	Kakad	Mitesh	M		49.52
168	8	033	Dean	Hannah	F		49.57
169	9	605	Brooks	Katherine	F	0	50.00
169	61	165	Lawlor	Michael	M		50.00
171	62	620	Murphy	Tom	M	0	50.04
172	11	311	Jackson	Ruth	L	Sudbury Court (Ladies)	50.10
172	63	073	Harris	Tim	M		50.10
174	12	471	Craft	Moira	L	David Lloyd Pacers (Ladies)	50.15

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Place	Type Pl	Runner No	Last Name	First Name	Type	Team	Time
174	5	183	Welch	Philip	J	Hillingdon AC (Men)	50.15
176	64	230	Abbott	Tony	M		50.30
177	10	578	Grundon	Holly	F	0	50.34
178	11	217	Porter	Rachael	F		50.37
179	13	312	Newstead	Deborah	L	Sudbury Court (Ladies)	50.39
180	65	025	Howe	Steven	M		50.41
181	14	260	Sylvester	Victoria	L	Watford Joggers (Ladies)	50.42
182	15	615	Cutting	Dawn	L	0	50.44
182	23	012	Kenison	Robert	A		50.44
184	49	231	Allen	Martin	V		50.54
185	4	309	Davison	Sue	W	Sudbury Court (Ladies)	50.57
186	6	072	Simmonds	Ronald	J	Fitness First RC (Men)	51.06
187	24	596	Valentine	Gordon	A	Metros (Men)	51.09
187	24	017	Jolliffe	Steve	A		51.09
189	12	170	Finch	Michelle	F		51.10
190	13	290	Fawcett	Sam	F		51.13
191	66	607	Green	Jonathan	M	0	51.14
191	66	499	Da Silva	Joaquim	M	0	51.14
193	50	234	Williams	Michael	V		51.17
194	68	433	Soper	Ben	M	Manches (Men)	51.21
195	14	296	Omonira	Rebecca	F		51.25
196	7	156	Boulton	Peter	J		51.31
197	69	513	Ray	Matthew	M	0	51.32
198	15	346	Russell	Danielle	F		51.39
198	26	603	Lusack	Eugene	A	0	51.39
200	70	432	Fortgang	Anthony	M		51.43
201	16	614	Breed	Anna	F	0	51.45
202	51	358	Longras	Jose	V		51.46
203	17	546	Conway	Elly	F	0	51.47
203	71	626	Lockyer	Neil	M	0	51.47
205	18	442	Zelaya	Caroline	F		51.48
206	27	058	Buckland	Graham	A		51.52
207	16	486	Thomas	Jane	L	David Lloyd Pacers (Ladies)	51.55
207	52	531	O'Neill	Patrick	V	0	51.55
209	53	108	Jarman	Paul	V		51.57
210	19	266	Symes	Louise	F		51.58
211	17	152	Evans	Jo	L		52.01
212	28	061	Hole	Richard	A		52.03
213	18	067	Claxton	Roz	L	Metros (Ladies)	52.04
214	19	006	O'Connell	Araceli	L		52.06
215	20	192	Hewett	Alexandra	F		52.07
216	72	242	Moulson	Pete	M		52.15
217	20	539	Williamson	Sarah	L	Beaumonts (Ladies)	52.19
218	73	351	Gleeson	Nick	M		52.22
219	74	323	Harris	Rob	M		52.24
219	29	332	Brixey	Ian	A	Skanska (Men)	52.24

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221	30	262	Cohen	Robert	A		52.28
222	21	516	Baynes	Michele	F	0	52.33
223	54	438	Andrews	Kevin	V		52.39
223	5	261	Cohen	Julie	W		52.39
225	55	413	Anwyl	Martyn	V		52.41
226	31	638	Hill	Tim	A	0	52.42
227	56	203	Brown	Richard	V		52.43
227	75	579	Murphy	Anthony	M	0	52.43
229	21	621	Yam	Deborah	L	0	52.46
230	14	326	Keating	Owen	B		52.48
231	76	271	Watts	Richard	M		52.49
232	77	189	Harris	Richard	M		52.50
233	57	561	Moorhouse	Carl	V	0	52.51
234	15	597	Leigh-Shields	Aaron	B	0	52.54
235	78	119	Kernot	Dean	M		52.55
235	58	001	Zietman	Clive	V	Manches (Men)	52.55
237	59	285	Mason	Jon	V		53.02
238	79	127	Man	Chi-Keat	M		53.05
239	60	131	Bowen	Andrew	V		53.08
240	61	199	Roy	Andre	V		53.11
241	32	581	Davies	Leighton	A	0	53.12
242	80	383	Mehta	Rajiv	M		53.13
243	16	582	Taank	Shivum	B	Merchant Taylors' School	53.22
243	1	436	Ashforth	Laura	G		53.22
245	62	080	Dias	Manuel	V		53.25
246	22	276	Percy	Claire	F		53.28
247	22	635	Guerra	Juliet	L	0	53.31
247	22	253	Francis	Kristin	L	Skanska (Ladies)	53.31
249	63	462	Armour	Ken	V		53.38
250	33	577	Horsburgh	Chris	A	0	53.39
251	81	419	Wood	Christopher	M		53.41
252	23	494	Diamond	Roz	F	0	53.42
253	82	362	Heskin	Paul	M		53.43
253	34	303	Klein	Laurence	A	Sudbury Court (Men)	53.43
255	64	479	Patel	Kalpesh	V		53.45
256	8	475	Beales	Robert	J		53.48
257	6	409	Billingham	Carole	W	Ricky Running Sisters	53.49
258	7	026	Edelman	Anne	W		53.51
259	8	059	Gumus	Amanda	W		53.54
259	24	137	Walsh	Katie	F		53.54
261	25	050	Douglas	Claire	F		53.55
262	35	572	Abrahams	David	A		53.57
263	26	268	Jameson	Ashley	F		53.58
263	9	011	Ashford	Richard	J	Watford Joggers (Men)	53.58
263	26	267	Jameson	Erin	F		53.58
266	36	022	Morgan	Richard	A		53.59

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Place	Type Pl	Runner No	Last Name	First Name	Type	Team	Time
266	36	482	Macdonald	Graham	A		53.59
268	65	602	Bilton	Andrew	V	0	54.03
269	17	245	Bath	Michael	B		54.17
270	24	496	Rees	Colette	L		54.21
271	83	075	Hamer	Huw	M		54.22
272	9	162	Justin	Sheila	W		54.23
272	28	241	Gray	Bethany	F		54.23
274	25	361	Bannon	Maria	L		54.26
275	66	573	Morris	Andrew	V	0	54.30
276	84	611	Lupton	Mike	M	0	54.32
277	29	335	Putko	Alison	F		54.34
278	10	079	Herdman	Brian	J	Royston Runners (Men)	54.36
279	85	385	Jivraj	Saleel	M		54.38
280	67	205	Collier	Andrew	V		54.48
281	30	220	Halford	Angela	F		54.50
282	10	229	Hudson	Jane	W	Metros (Ladies)	54.52
283	86	060	Tisdall	Richard	M		54.59
284	87	450	Worker	James	M		55.01
284	87	446	Singh	Vijay	M		55.01
286	89	315	Hiatt	Jim	M		55.07
287	90	286	Borkowski	Marcin	M		55.08
288	11	008	Edmunds	Faith	W	Manches (Ladies)	55.11
289	68	497	Rees	Chris	V		55.15
290	31	210	Phillips	Vanessa	F	Ricky Running Sisters	55.18
290	26	517	Whitley	Marian	L	0	55.18
292	38	634	Kolesnikow	Andrew	A	0	55.24
293	27	200	Montesdeoca	Isabel	L		55.28
294	32	102	Mansfield	Susan	F		55.30
295	12	314	Wisdom	Carole	W	Sudbury Court (Ladies)	55.32
296	11	257	Fuller	John	J		55.36
297	13	470	Boatman	Lesley	W	Metros (Ladies)	55.41
297	69	418	Wakefield	Nigel	V		55.41
299	39	105	Moore	Tom	A		55.51
300	70	542	Parsons	Warren	V	0	55.56
301	18	223	Rackham	Peter	B	Watford Grammar School for Bo	55.59
302	91	455	Bertram	Stuart	M		56.01
303	71	345	Pyrke	Chris	V		56.07
304	40	016	Lloyd	Chris	A	Green Team	56.12
305	72	478	Gallagher	Stan	V		56.16
306	73	600	Neal	William	V	0	56.21
307	28	046	Moloney	Hazel	L		56.23
308	92	356	Longras	Joaquim	M		56.26
309		065	Smith	Carol		Hillingdon Athletics (Ladies)	56.28
310	14	209	Withers	Marian	W	Ricky Running Sisters	56.30
311	74	083	Laudato	Dino	V		56.31
312	93	574	Mcdermott	J	M	0	56.34

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313	94	459	Worsfold	Mike	M		56.39
314	41	464	Harris	Adam	A		56.40
315	29	364	Carver	Jackie	L		56.44
316	33	110	Shaw	Nelly	F		56.45
317	42	099	Stacey	Keith	A		56.52
318	95	184	Mullin	Daniel	M	Metros (Men)	56.53
319	96	395	Latter	Paul	M		56.56
320	15	160	Armstrong	Jackie	W	Watford Joggers (Ladies)	56.57
321	43	307	Walerych	John	A	Sudbury Court (Men)	56.59
322	30	329	Valentine	Juliette	L		57.03
323	97	206	Faehnrich	Frank	M		57.04
324	44	109	Cottureau	Hubert	A		57.06
324	12	381	Gilbert	Barry	J		57.06
326	45	169	Grose	Paul	A		57.07
326	34	553	Heneker	Joanna	F	0	57.07
328	98	248	Kemp	Scott	M		57.15
329	31	458	Worsfold	Natalie	L		57.18
330	99	094	Davies	Graham	M		57.22
331	100	118	Powell	Simon	M		57.24
332	101	020	Ward	Jayson	M		57.27
333	35	461	Davis	Sally	F		57.28
334	75	163	Horne	Clem	V		57.30
335	13	112	Kent	Philip	J		57.32
336	16	154	Talbott-Hawort	Sharron	W		57.35
337	17	279	Taylor	Julie	W	St Albans Striders (Ladies)	57.36
338	76	155	Johnson	Ian	V		57.37
339	102	082	Dale	Alex	M		57.44
340	36	629	Harrington	Emma	F	0	57.46
341	77	504	Kotecha	Mel	V	0	57.48
341	46	294	Matthews	Alan	A		57.48
341	18	293	Matthews	Lindsey	W		57.48
344	19	028	Bromhead	Suzanne	W		57.49
345	103	084	Smith	Mark	M		57.55
346	37	021	Jordan	Wendy	F		57.56
347	47	547	Phillips	Gerald	A	0	57.57
347	32	445	Tidder	Ruth	L		57.57
349	48	106	Moore	Mike	A		57.59
350	33	443	Goodwin	Nicola	L		58.03
351	49	207	Baker	Robert	A		58.07
352	34	214	Ashburner	Tina	L		58.08
353	19	595	Valentine	Jack	B	Metros (Men)	58.10
354	35	043	Petersen	Wendy	L		58.11
355	36	273	Moloney	Debra	L	Ricky Running Sisters	58.12
356	78	069	Gonzalez	Rick	V		58.13
357	38	554	Newbury	Claire	F	0	58.14
358	104	044	Dean	Phillip	M		58.15

Runners: by Time *Manches Moor Park 10k*

Place	Type PI	Runner No	Last Name	First Name	Type	Team	Time
359	50	430	O'Brien	Denis	A	Skanska (Men)	58.17
360	1	187	Shepherd	Veronica	H	Ricky Running Sisters	58.18
361	20	122	Wood	Sylvette	W		58.20
362	51	104	Rajkumar	T	A		58.23
363	79	598	Shiels	Michael	V	0	58.30
364	39	399	Kemp	Cheryl	F		58.32
365	20	444	Sharma	Shaivya	B	Merchant Taylors' School	58.36
366	2	055	Buckland	Caroline	G		58.47
367	52	172	Brown	Simon	A		58.49
367	40	354	Miller	Suzanne	F		58.49
369	105	195	Paterson	Andrew	M		58.53
370	37	543	Spencer	Unette	L	0	58.55
371	38	492	Mchugh	Sheila	L	Sacred Heart School, Bushey	58.56
372	106	114	Stanley	Philip	M		59.00
373	21	263	Cohen	Jonathan	B		59.01
374	41	619	Flatley	Charlotte	F	0	59.02
375	107	642	Cox	Oliver	M	0	59.08
376	42	555	Newbury	Stephanie	F	0	59.13
377	39	091	Black	Julie	L		59.16
378	40	093	Macewan	Fiona	L		59.18
379	108	511	Wilson	Bruce	M	0	59.20
380	41	512	Brown	Lisa	L	0	59.21
380	41	201	Wotherspoon	Louise	L		59.21
382	14	456	Hart	John	J		59.26
383	43	510	Colford	Carole Ann	L	0	59.35
384	21	566	Mcquaid	Linda	W	Watford Joggers (Ladies)	59.36
385	44	125	Privett	Helen	L		59.37
386	80	613	Goldby	Mark	V	0	59.44
387	81	405	Bond	Allan	V		59.46
388	109	139	Hyun	Tommu	M		59.47
389	45	047	Sapsford	Jean	L	Ricky Running Sisters	59.49
390	22	048	Bromhead	Alison	W		59.52
390	46	318	Goodall	Sue	L	Ricky Running Sisters	59.52
392	23	215	Mansfield	Trina	W		59.53
392	47	522	Thomas	Helene	L	0	59.53
394	82	227	Karim	Malik	V		60.02
394	2	100	Chater	Frances	H		60.02
396	110	447	Samani	Bhavik	M		60.07
397	48	507	Amos	Pamela	L	0	60.15
398	49	063	Cook	Katherine	L		60.20
398	49	434	Mitchell	Lucy	L		60.20
400	51	204	Wayne	Monique	L		60.22
401	52	213	Sharma	Meera	L		60.24
402	111	291	Sharma	Raman	M		60.27
403	24	556	Begley	Jane	W	Holy Trinity	60.32
404	53	360	Watts	Helen	L		60.33

Runners: by Time *Manches Moor Park 10k*

Place	Type PI	Runner No	Last Name	First Name	Type	Team	Time
405	54	236	Ladmore	Victoria	L		60.37
405	83	237	Ladmore	Philip	V		60.37
407	112	194	Kenny	David	M		60.40
408	43	250	Crowe	Pam	F	Skanska (Ladies)	60.41
409	55	408	Williams	Emma	L		60.44
410		066	Coltman	Sarah		Watford Joggers (Ladies)	60.46
410	15	308	Wisdom	Richard	J	Sudbury Court (Men)	60.46
412	25	219	Leadbetter	Christina	W	Ricky Running Sisters	60.48
413	84	466	Boulton	Norman	V		60.51
414	26	637	Bennett	Karen	W	0	60.55
415	113	518	Jackson	Martin	M	0	60.57
416	3	639	George	Anne	H	0	60.58
417	27	536	Dent	Shaheen	W	0	61.02
418	85	051	Hyatt	Paul	V		61.12
419	114	211	Bolam	Nick	M		61.16
420	56	352	Mainwaring	Xanthe	L		61.17
421	115	506	Raja	Dipak	M	0	61.23
422	57	353	Hemmant	Rebecca	L		61.29
423	4	078	Herdman	Annette	H	Royston Runners (Ladies)	61.37
424	116	208	Baker	Paul	M		61.38
425	5	009	Marsden	Ann	H	Metros (Ladies)	61.41
426	28	508	Walker	Wendy	W	0	61.49
427	58	420	Frank	Jo	L		61.59
427	58	421	Lacey	Sue	L		61.59
429	60	350	Gleeson	Diana	L		62.00
430	6	283	Scruton	Kathy	H	Watford Running Sisters	62.03
431	61	252	Dowding	Katrina	L	Skanska (Ladies)	62.04
432	62	509	North	Alison	L	0	62.05
432	29	029	Oborne	Laura	W	Ricky Running Sisters	62.05
434	117	587	Redman	Paul	M	0	62.07
435	53	514	Ray	David	A	0	62.08
436	30	502	Beekman	Liz	W	0	62.14
436	44	474	Brooks	Helen	F		62.14
438	54	243	Bath	Adrian	A		62.26
439	63	563	Fullylove	Roz	L	0	62.29
440	31	435	Cohen	Deidre	W		62.34
441	32	612	Dokic	Margaret	W	0	62.36
441	45	384	O'Sullivan	Annie	F		62.36
443	64	564	Wilkes	0	L	0	62.37
443	16	404	Tidey	Peter	J		62.37
445	33	463	Attwood	Elspeth	W		62.46
446	55	389	Elliott	John	A		62.51
447	46	439	Pevsner	Talia	F		63.01
448	86	166	Nayar	Bala	V		63.04
449	118	534	Barber	Ian	M	0	63.07
450	47	440	Parker	Victoria	F		63.11

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Place	Type PI	Runner No	Last Name	First Name	Type	Team	Time
451	65	258	Marston	Jane	L		63.14
452	7	441	Dally	Pat	H	Beaumonts (Ladies)	63.38
453	66	477	Gronbach	Alison	L		63.40
454	8	052	Murray	Sue	H		63.45
454	34	228	Stuckey	Valda	W	Metros (Ladies)	63.45
456	35	111	Cottareai	Therese	W		63.55
456	67	151	Wright	Paula	L		63.55
458	68	002	Wilson	Anna	L		64.03
458	56	004	Gardner	Paul	A		64.03
458	87	594	Gardner	Stephen	V	0	64.03
461	88	355	Everitt	Martin	V	Skanska (Men)	64.05
462	36	537	Bree	Sue	W	0	64.11
463	37	149	Rowe	Alison	W		64.25
464	38	240	Newman	Elizabeth	W		64.27
465	22	403	Parwaz	Ismail	B		64.28
466	9	424	Russel Ponte	Leonisa	H	Metros (Ladies)	64.44
467	10	410	Westwood	Sarah	H	Metros (Ladies)	64.47
468	69	373	Duddy	Mary	L		64.57
469	70	593	Dorey	Sarah	L	0	65.04
470	11	310	Edwards	Tricia	H	Sudbury Court (Ladies)	65.06
471	39	337	Mayes	Jane	W		65.07
472	12	173	Donaldson	Kath	H	Metros (Ladies)	65.13
473	71	347	Goodchild	Rose	L	Ricky Running Sisters	65.15
473	71	344	Rayner	Louise	L	Ricky Running Sisters	65.15
475	40	576	Simmonds	Sarah	W	0	65.16
476	48	158	McLaughlin	Helen	F		65.22
476	119	157	Deville	Ben	M		65.22
478	49	624	Harsley	Sheena	F	0	65.28
479	73	178	Macdonald	Carol	L		65.30
480	120	520	Maclean	Rob	M	0	65.36
481	41	423	Moynihn	Deborah	W	Metros (Ladies)	65.37
482	50	519	Dooley	Joanne	F	0	65.39
483	121	468	Fox	Andrew	M		65.54
484	74	363	Manley	Nicole	L		65.55
485	75	472	Ryde	Julie	L		66.00
486	76	491	Keane	Libby	L	0	66.01
487	122	331	Nathan	Michael	M	Skanska (Men)	66.08
488	51	505	Raja	Harsha	F	0	66.10
489	17	319	Samuels	Lawrence	J		66.15
490	77	325	Chambers	Marcella	L	Metros (Ladies)	66.21
491	52	488	Thom	Suzy	F	0	66.22
492	53	575	Aldgate	Rachel	F	0	66.23
493	54	019	Ward	Clare	F		66.37
494	55	586	Leigh-Davies	Julia	F	0	66.50
495	78	454	Cohen	Justine	L		66.52
495	123	453	Nicholls	Kevin	M		66.52

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Place	Type Pl	Runner No	Last Name	First Name	Type	Team	Time
497	79	501	Fraser	Andrea	L	0	66.54
498	89	010	Asquith	Jerry	V		67.03
498	89	567	Koch	Howard	V	0	67.03
500	56	551	Kucejova	Helena	F	0	67.14
501	80	604	Husseen Poor	Mime	L	0	67.16
502	124	641	Drizen	Alex	M	0	67.18
503	81	143	Sloper	Julie	L		67.19
504	82	490	Mcnicholas	Katherine	L	Sacred Heart School, Bushey	67.33
505	83	417	Wakefield	Franca	L		67.39
506	91	392	Runyard	Steven	V		67.40
507	57	569	Bocock	Ian	A	Metros (Men)	68.01
508	58	186	Mlek	Kevin	A		68.03
509	57	251	Brown	Rachael	F	Skanska (Ladies)	68.07
510	42	348	Macfarlane	Veronica	W		68.16
511	18	503	Walker	Crosby	J	0	68.32
511	59	136	Butcher	David	A		68.32
513	125	552	Wakefield	Dan	M	0	68.38
514	126	167	Neal	Daniel	M		68.42
515	58	168	Neal	Claire	F		68.43
516	84	140	Day	Jo	L		68.50
517	43	467	Fox	Alison	W		69.43
518	127	202	O'Toole	Craig	M		69.44
519	85	489	Drury	Bez	L	Sacred Heart School, Bushey	69.46
520	59	610	Moseley	Jo	F	0	69.55
521	13	476	Vials	Cheryl	H		70.17
522	128	460	Davies	Adam	M		71.01
523	129	327	Wilkins	Martin	M		71.19
524	19	407	Bryant	David	J	Watford Harriers (Men)	71.22
525	130	135	Stavel	Miroslav	M		71.55
525	60	134	Belavia	Jaroslava	F		71.55
527	86	487	Mcguigan	Juliet	L	0	72.13
528	87	324	Wheeler	Julia	L		72.16
529	3	631	Sammes	Katherine	G	0	72.29
530	61	448	Samani	Amea	F		72.31
531	88	625	Woollams	Amanda	L	0	72.55
532	131	024	Marchant	Graham	M		73.10
533	62	224	Rackham	Emma	F		73.19
533	44	222	Rackham	Judy	W	Metros (Ladies)	73.19
535	132	618	Plisson	Christophe	M	0	73.31
536	89	617	Sapnaz	Selma	L	0	73.32
537	90	616	Macintyre	Samantha	L	0	73.44
538	91	388	Stewart	Nicola	L	Ricky Running Sisters	73.47
538	63	391	Beament	Lorna	F	Ricky Running Sisters	73.47
540	92	451	Pelham	Harriet	L		73.49
541	93	116	Dixon	Chris	L		73.56
541	93	115	Ratnam	Valli	L		73.56

Runners: by Time *Manches Moor Park 10k*

Place	Type	PI	Runner No	Last Name	First Name	Type	Team	Time
543	95		406	McClelland	Charlotte	L		74.05
544	45		068	Davie	Sue	W		74.10
545	46		320	Hudson	Penny	W		74.11
546	64		193	Goodman	Melissa	F		74.14
547	96		031	Homan	Natalie	L		74.27
548	47		269	Jameson	Denise	W		75.01
549	60		298	Hadkiss	Nick	A		75.06
550	48		225	Smales	Kathryn	W	Ricky Running Sisters	75.42
550	48		270	Gandon	Margaret	W		75.42
552	97		398	Keogh	Lorraine	L		75.50
553	20		299	Elder	Russell	J	Sudbury Court (Men)	76.25
554	98		560	Rowland	Joanna	L	0	79.57
555	50		235	Shepherd	Judith	W		80.21
556	4		588	Perrin	Isobelle	G	0	84.24
557	92		584	Perrin	David	V	0	85.42
558	14		176	Cullen	Violet	H		86.35
559	23		589	Perrin	George	B	0	92.28
560	15		357	Murphy	Angela	H		95.17
560	51		185	Gaitskell	Linda	W	Metros (Ladies)	95.17
562	52		018	Broekhoff	Maria	W		97.07
563	53		005	Hannam	Lynda	W		100.07
564	16		013	Mackie	Cherry	H		100.10
565	17		591	Perrin	Sandra	H	0	110.32
566	99		585	Perrin	Niccie	L	0	110.39
567	100		568	Mcaree	Margaret	L	0	112.05
567	100		570	Casey	Catherine	L	0	112.05
569	102		565	Armstrong	Imelda	L	0	112.06